

4/1/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (firstname.lastname@fsd145.org).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District

Remote Learning Day Student Activities:

[April 1st](#)

[April 2nd](#)

[April 3rd](#)

[April 6th](#)

[April 7th](#)

[April 8th](#)

Remote Learning Activities for Students

1st Grade -- April 1st

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge [any subject]
Activity 1 and Instructions	<p><u>Materials:</u> 10 pennies, cup, pencil, paper.</p> <p>Directions: put 10 pennies in a cup and shake the cup and pour them gently on the table. Count the heads and tails. Write an equation for heads + tails. Example: $6+4=10$.</p> <p>Write 15 equations.</p>	<p>Digraph hunt: search your house (books, magazines, cereal boxes, fruit snack boxes, etc) or a book for words that contain digraphs: sh, th, ch, wh. Make a list of all the words you find. Take 5 of those words you found and make a sentence for each one.</p>	<p>Social Studies Create a flag that represents your family. The flag should have at least 2 symbols on it. Write and explain why you chose each symbol and what it represents for your family.</p> <p>Science Take 2 ice cubes outside. Put one in the sun and one in the shade. Make an observation every 10 minutes. Keep a journal of the time and the changes you observe.</p>	<p>Math Turn the equations you made into fact families: $6+4=10$ $4+6=10$ $10-6=4$ $10-4=6$</p> <p>Practice counting a combination of dimes, nickels, and pennies.</p> <p>Reading Compare and contrast 2 characters from a story.</p> <p>Other Draw the ultimate student desk featuring any and all tools that would make learning easier.</p> <p>List Make a list of things in your house that are blue.</p>
Activity 2 and Instructions	<p><u>Materials:</u> 10 dimes, cup, pencil, paper.</p> <p>Directions: put 10 dimes in the cup, shake the cup and pour them gently on the table. Write the equation of heads + tails, but use the monetary amount of the dimes. Example: if you have 3 heads and 7 tails it would be $30 + 70 = 100$.</p> <p>Write 15 equations</p>	<p>Read a book or watch a tv show/movie. Write about how you and the character are the same and/or different. Draw a picture to show your similarities/differences.</p>		

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 1st (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 1	Activity Expansion (videos/digital links)
Activity Title:	Identifying Emotions	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will begin a journal that helps to identify and reflect emotions.	Links: Watch: The Way I Feel
Materials:	Paper and pencil	https://www.youtube.com/watch?v=ITPUxVQ6UIk
Activities and Instructions:	Keep a journal today. Jot down anything that makes you feel an emotion. Start labeling them using words like "pleasant," "happy," "irritated," or "angry." Have your child journal about feelings not used in this activity.	**Have your child name different emotions they see/hear in the video. Ask them how they would handle that emotion.
Check for Understanding:	To check for understanding, read a journal entry with your child, check and see if your child has correctly identified emotions.	

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 1st (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Found Object Sculpture	April 1-8 Musical Choices	Movement Challenge
Materials:	Objects found around the house, pencil and paper	crayons, paper	none
Activity and Instructions:	<ol style="list-style-type: none"> 1. Using materials found around your house to create a sculpture. <ol style="list-style-type: none"> a. Remember a sculpture is something that takes up space 2. Draw a picture of what you created using a pencil and paper. 3. Challenge: If you are able and would like to color in your picture. 	<p><u>Option 1:</u> Listen to a song and draw how it makes you feel.</p> <p><u>Option 2:</u> Sing a song from music class to a family member. Practice and make up your own dance movements. Perform the song!</p> <p><u>Option 3:</u> Listen to a couple songs. Pat the “steady beat”. Decide if the song is “fast” or “slow”.</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Can you stay moving for 25 minutes?</p> <p>Things you can do....walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class.</p> <p>Things you can’t do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade --April 2nd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Materials: Handful of coins</p> <p>Take a handful of coins and first separate the coins into groups (quarters, dimes, nickels, and pennies). Then count up the amount for each coin. Put them in order from greatest to least.</p>	<p>Materials: kitchen spices</p> <p>Alphabetize the spices in your kitchen. Think only books can be alphabetized? The cook in your family will appreciate an organized spice cabinet.</p>	<p><u>Social Studies</u></p> <p>Interview a family member. Taking the time out to learn more about the people in your family might surprise your children. Get them to dig deep and think about their questions and their responses. Save these interviews so you can read them again.</p>	<p>Find each of the following 3D shapes in your home and then challenge a family member to do the same:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sphere <input type="checkbox"/> Cube <input type="checkbox"/> Cylinder <input type="checkbox"/> Rectangular prism
Activity 2 and Instructions	<p>Materials: pencil, paper, crayons</p> <p>Draw and color a picture of your family using only 2D shapes (square, circle, triangle, hexagon, etc.)</p>	<p>Materials: Book</p> <p>Read a book and identify the main topic. Then retell the key details of a text.</p>	<p><u>Science</u></p> <p>Choose a few different liquids, and put them in the freezer. Determine the amount of time it takes for each liquid to freeze. Then create a chart including the times from each liquid.</p>	

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

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Remote Learning Activities for Students

1st Grade -- April 2nd (SEL)

The columns below offer choices for student activities.


	SEL Activity Day 2	Activity Expansion (videos/digital links)
Activity Title:	Being Grateful for Big and Little Things	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to understand why and how they can be thankful for big things and little things in their lives.	Watch the story: The Giving Tree by Shel Silverstein https://www.youtube.com/watch?v=XFQZfeHq9wo
Materials:	Crayons, paper and pencil	
Activities and Instructions:	<p>1. Ask: What is something big you're grateful for? Why?</p> <p>Give examples and write responses on a sheet of paper. Keep them as a reminder. Examples of big things can be: Your family, Your friends, Your home</p> <p>2. Ask: What is something little you're grateful for? Why?</p> <p>Give examples and write responses on a sheet of paper. Keep them as a reminder. Examples of little things can be: Cuddles from your dog or cat, When your parents or teachers surprise you with something that makes you happy</p> <p>3. Draw/color a picture of a big and little thing you're grateful for</p> <p>Have your child share something big/little that s/he is grateful for.</p> <p>To check for understanding, have your child tell you one small/big thing they are grateful for. Do they match?</p>	**Have your child tell you what big and little things the boy and the tree were grateful for.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 2nd (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Nature Designs	April 1-8 Musical Choices	Movement Challenge
Materials:	Twigs, leaves, rocks, natural materials	crayons, paper	none
Activity and Instructions:	<p>Take a “nature walk” and gather materials that are different colors, shapes, sizes, etc.</p> <p>Option 1: Create an interesting design through creating patterns of different colors, shapes, textures, etc. If you are able, look up the art of Andy Goldsworthy to see how the artist uses natural materials in his art.</p> <p>Option 2: Create a sculpture (art that is not flat) with the materials that you found on your nature hunt.</p> <p>If you are able, take a photo and email it to your art teacher!</p> 	<p><u>Option 1:</u> Listen to a song and draw how it makes you feel.</p> <p><u>Option 2:</u> Sing a song from music class to a family member. Practice and make up your own dance movements. Perform the song!</p> <p><u>Option 3:</u> Listen to a couple songs. Pat the “steady beat”. Decide if the song is “fast” or “slow”.</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<ul style="list-style-type: none"> • Can you stay moving for 25 minutes? • Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class. • Things you can’t do...sit still, lay down, sleep. • Are you up for the challenge? This activity can be done outside if the weather is nice.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 3rd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p><u>Go fishing for pairs that make 10</u> Your students probably already know how to play Go Fish, but in this version, they're fishing for pairs that add up to 10. Have them ask: "I have a 2. Do you have an 8 to make 10?" Change aces to 1 for this game and leave face cards out entirely.</p>	<p><u>Schoolwide</u> 1. Read one of your books at home to someone. 2. Who is one of your favorite characters and explain why, identify important information, make a prediction and give evidence for your prediction...</p>	<p><u>Draw a map of your home and neighborhood.</u> In addition to being an important part of understanding how maps work, this activity helps kids define their world. Bonus tip: choose a safe place near your home on the map to meet family members in an emergency.</p>	<p><u>Call a grandparent or older relative. Ask them to teach you the words to a song from their childhood days.</u> This is something that can really help kids learn more about the people in their lives and other types of songs.</p>
Activity 2 and Instructions	<p><u>Subtraction with Cards</u> Face cards = 10 Aces = 1 1. Flip over 2 cards and determine which number is greater. 2. Set up the cards in a subtraction equation or write out on paper to solve. Ex. 9-3=6 3. Practice through the deck.</p>	<p>Writing 1. Each family member writes a description of something in the house that everyone can see. Do not name the item, just describe it. Then everyone guesses the described items. Ex. red, crunchy, juicy, fruity (apple)</p>		

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 3rd (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 3	Activity Expansion (videos/digital links)
Activity Title:	Skills for Learning	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to use their Listening Skills to practice focusing their attention.	Watch the story:
Materials:	Paper and pencil	The Listening Walk by: Paul Showers https://www.youtube.com/watch?v=BLs4r8IHUSg
Activities and Instructions:	<ol style="list-style-type: none">1. Using Skills for Learning helps you be a better learner. -Eyes are watching -Ears are listening -Voices Quiet -Body Calm/Still2. When you've focused your attention, you're ready to listen and learn.3. Together, choose a room in your house where you will hear a lot of different sounds, from both inside and outside.4. Adult and child, prepare to focus your attention and listen to the sounds in the environment for one minute. Begin!5. When the minute is up, fold a paper in half and take turns writing down all the sounds you heard and remembered6. Compare your lists. Are many of the sounds the same or different?7. Discuss what helped you focus your attention, listen, and remember what you heard <p>Have your child demonstrate Skills for Learning.</p> <p>To check for understanding, have your child retell/recall the 4 skills for learning</p>	<p>**Go on an actual listening walk with your child. Once home, have your child write or draw what they heard on the walk.</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 3rd (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Doodle Draw	April 1-8 Musical Choices	Movement Challenge
Materials:	Pencil and paper	crayons, paper	none
Activity and Instructions:	Use a pencil and paper to draw shapes, lines, squiggles, and other creative shapes. Try to fill an entire page with your design.	<p><u>Option 1:</u> Listen to a song and draw how it makes you feel.</p> <p><u>Option 2:</u> Sing a song from music class to a family member. Practice and make up your own dance movements. Perform the song!</p> <p><u>Option 3:</u> Listen to a couple songs. Pat the “steady beat”. Decide if the song is “fast” or “slow”.</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<ul style="list-style-type: none"> ● Can you stay moving for 25 minutes? ● Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class. ● Things you can’t do...sit still, lay down, sleep. ● Are you up for the challenge? This activity can be done outside if the weather is nice.

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Remote Learning Activities for Students

1st Grade -- April 6th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p style="text-align: center;">Math Scavenger Hunt</p> <p>*Find 5 examples of 3D shapes around your house (ex. Cereal box = rectangular prism) Draw a picture of the shape or write the name of the shapes. *Find a clock and read what time it is now. What time will it be 1 hour from now? Draw a clock and record the current time and one hour from now. *Choose something in and around your house to measure the length of. (ex. driveway, sidewalk, bedroom, living room). Walk with your feet end to end, counting how many "feet" long items are. Record what you measured and your findings.</p>	<p style="text-align: center;">Book Scavenger Hunt</p> <p>Choose a Fiction book to read. During and after your reading, complete the scavenger hunt. *Find a character and write one character trait (ex. Kind, grumpy) *Find 5 words that have digraphs (ex. wh, ch, th, sh, ck) *Find 5 words that have a vowel team (Two vowels side by side - ex. grain, read). * Find a picture that shows the setting of the story. *Find 5 words with the CVCe pattern (ex. space, like, more)</p>	<p style="text-align: center;">Science</p> <p>Sit silently for 15 minutes, outside or inside, while you write down every sound you hear. When you are done, classify the sounds (high/low pitch, high/low volume, manmade v. naturally occurring, etc.). After you are done classifying the sounds you heard, write 2-3 sentences about what you heard and how you felt after sitting quietly for 15 minutes.</p> <p style="text-align: center;">Social Studies</p> <p>See writing column for activity</p>	<p>Reading Extension:</p> <p>Choose part of the story you read today that you would like to change. You could add a character, change the solution to the problem, change the ending, anything you want! Write the story your way!</p>
Activity 2 and Instructions	<p style="text-align: center;">Math Facts</p> <p>* Write 10 doubles math facts * Ask someone to write 10 addition and 10 subtraction facts within 10. See how quickly you can correctly solve these problems. * Count by 1's, by 2's, by 5's, by 10's to 200 or higher.</p>	<p style="text-align: center;">Good Citizen</p> <p>Have a conversation about what a good citizen looks and acts like. Illustrate a picture of a good citizen and then write 3-5 sentences describing the qualities of a good citizen.</p>		

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 6th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 4	Activity Expansion (videos/digital links)
Activity Title:	Empathy	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to demonstrate empathy by showing compassion for others.	Watch the story/video: Last Stop on Market Street by: Matt De La Pena https://www.youtube.com/watch?v=H0Tr66OrEWA
Materials:	Paper and Pencil	**Recreate this image on a sheet of paper (any kind). Have your child fill out.
Activities and Instructions:	<ol style="list-style-type: none"> 1. Review that compassion is showing concern or care for others. 2. Ask, What are ways you have shown compassion to others at school? 3. Acknowledge and praise your child demonstrating compassion for others.. 4. Give an example of how you have shown compassion at home. 5. Ask your child how he/she could show empathy at home. 6. Options: <ul style="list-style-type: none"> • This could be just a discussion • As your child shows compassion he/she could trace their hand and write how they showed compassion inside the hand • As your child uses kind words he/she could draw a speech bubble and write the kind words inside the speech bubble. 7. Display their acts of compassion. <p>Have your child share how s/he shows empathy at home.</p> <p>To check for understanding, watch for your child to show acts of compassion.</p>	<p>Play the empathy game via youtube: Empathy Game</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 6th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Tie-Dye Fun	April 1-8 Musical Choices	Trick Shot
Materials:	Coffee Filter, Markers, Water, paper towels or newspaper	crayons, paper	1 cup and 1 ball that fits in the cup
Activity and Instructions:	<p>Take a coffee filter and color fun design and patterns on it. Make sure to put something under the coffee filter or the marker will bleed through. When done coloring filter put filter on paper towels or newspaper. Slowly add small amounts of water to the filter until it is covered in a thin layer. You do not want a big puddle of water, just enough to get the filter wet. Once the filter is completely wet let dry. Do not try to move the filter right away or the colors will mix poorly. Once dry hang on any window to get a stained glass window effect.</p> <p>*You can also cut designs into filters before you color it for a more interesting design.</p>	<p><u>Option 1:</u> Listen to a song and draw how it makes you feel.</p> <p><u>Option 2:</u> Sing a song from music class to a family member. Practice and make up your own dance movements. Perform the song!</p> <p><u>Option 3:</u> Listen to a couple songs. Pat the “steady beat”. Decide if the song is “fast” or “slow”.</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Try to create and make a challenging trick shot by bouncing the ball off of walls, steps, or other objects. Points will be awarded for the number of times the ball bounces and the distance from the cup.</p> <p>Points</p> <p>Distance: 1 point for each heel to toe step away from the cup</p> <p>Bounces: 2 points for every bounce the ball takes before landing in the cup</p> <p>Points only count if the ball lands in the cup.</p> <p>See how many points you can get into one shot or challenge a family member!</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 7th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p><u>CLOCK DIARY</u> * Integrated math and writing lesson</p> <p>Materials: Digital or analog clock, pen and paper</p> <p>Each day, students choose a memorable time of the day to write about in the diary. Starting by drawing and marking the time on an analog clock or a digital clock. Students will write a brief description about the moment and then draw a picture to go with it.</p>	<p><u>Sight Word Practice</u></p> <p>Trick Word "I Spy" Around the House Have your student write their unmastered trick words/sight words on index cards or pieces of paper and post around the house. Go room to room playing "I Spy" with the words.</p> <p>Have your student use 1 or 2 of the words in a sentence.</p>	<p><u>What am I ?</u></p> <p>Have your kids close their eyes and hold their nose and see if they can still identify a variety of different foods by taste.</p> <p><u>Extended:</u></p> <p>You may also have you kids close their eyes and see if they can identify certain foods by smell only.</p>	<p><u>Author's Corner</u></p> <p>Have your student write 3 "everyday" words that they think of off the top of their head.</p> <p>Ex: birds, blanket, lunch</p> <p>Have your students create a story using the 3 words that they came up with.</p> <p>Include characters, setting, details, and illustrations.</p> <p>Have your student read their story aloud when they are finished.</p>
Activity 2 and Instructions	<p>Students will go exploring</p> <p>SHAPE HUNT: Students will go exploring and identifying shapes in their environment and everyday life. Shape hunt around their house, backyard, or neighborhood.</p> <p>They can take paper and pencil to draw and record their findings. identifying shapes in their environment and everyday life. Shape hunt around their house, backyard, or neighbourhood.</p> <p>They can take paper and pencil to draw and record their findings.</p>	<p><u>Reading/Writing Practice</u></p> <p>Have your student read a book, or read a book along with your child. Talk about where the story takes place, who the characters are, and the main events in the story.</p> <p>After reading, have the student choose 1 character and write 3 words to describe him/her.</p>		

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 7th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 5	Activity Expansion (videos/digital links)
Activity Title:	Emotional Management	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to practice strategies that will help them to calm down when they feel strong emotions.	Watch the video/song/dance: The Calm it Down Dance:
Materials:	None needed	https://www.youtube.com/watch?v=P8TliPQNfsc
Activities and Instructions:	<p>1. Review the steps that you can use to help you calm down when you feel strong feelings.</p> <ol style="list-style-type: none"> 1. Stop—use your signal 2. Name your feeling 3. Calm down: <ul style="list-style-type: none"> • Breathe • Count • Use positive self-talk <p>2. Read "How to Belly Breathe" How to Belly Breathe</p> <ul style="list-style-type: none"> • Focus your attention on your breathing. • Take a breath that makes your tummy move out when you breathe in, and in when you breathe out. • Breathe in slowly through your nose and out slowly through your mouth. It should be so quiet that you can hardly hear it. <p>3. Practice together.</p> <p>4. Pick a feeling from the list below: Annoyed, Frustrated, Worried, Discouraged, Scared</p> <p>5. Think of a time you felt that feeling in a strong way.</p> <p>6. Say a stop signal and name the feeling. (For example: "Chill! I feel worried.")</p> <p>7. Do some belly breathing to calm down then try another feeling.</p> <p>Have your child choose a feeling and then do some belly breathing to calm down.</p>	**Role-play with your child on different emotions and remind them what strategies to use (reinforce).
Check for Understanding:	To check for understanding, look for your child to use the calm down technique when experiencing strong feelings.	

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 7th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Trace favorites	April 1-8 Musical Choices	Movement Challenge
Materials:	Pencil, found objects, paper	crayons, paper	none
Activity and Instructions:	<ol style="list-style-type: none"> 1. Find 5 items you would like to trace. 2. Place one item on the paper. 3. Using your pencil, trace (go around the outer portion of the item.) 4. Repeat steps 2 and 3 until all items are drawn. 5. Add details showing eyes, nose, mouth, logos, belts, etc. 	<p><u>Option 1:</u> Listen to a song and draw how it makes you feel.</p> <p><u>Option 2:</u> Sing a song from music class to a family member. Practice and make up your own dance movements. Perform the song!</p> <p><u>Option 3:</u> Listen to a couple songs. Pat the “steady beat”. Decide if the song is “fast” or “slow”.</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Can you stay moving for 25 minutes?</p> <p>Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class.</p> <p>Things you can’t do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 8th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p><u>Use Pencil and Paper</u> You may use a number line/cereal/fruit snacks/GoldFish/marshmallows/Jelly Beans to solve.</p> <p>Add: $4+4=$ ___ $2+2=$ ___ $10+10=$ ___ $5+5=$ ___ $6+6=$ ___ $1+1=$ ___ $3+3=$ ___ $8+8=$ ___ $11+11=$ ___ $7+7=$ ___ $9+9=$ ___ $12+12=$ ___</p> <p>Subtract: $8-4=$ ___ $12-6=$ ___ $20-10=$ ___ $10-5=$ ___ $18-9=$ ___ $2-1=$ ___ $14-7=$ ___ $6-3=$ ___ $1-0=$ ___ $4-2=$ ___ $16-8=$ ___ $22-11=$ ___</p>	<p><u>Use Pencil, Paper and Blanket (optional)</u> <u>Books/Magazines/Cereal Boxes/Fruit Snack Box/CrackerBox</u></p> <p>Place your blanket on the floor, lay out your books/magazines or boxes and do a Reading Scavenger Hunt. <u>Record/Write the words on paper.</u></p> <ol style="list-style-type: none"> 1) Find a word with ch & sh 2) Find a word with tr & fr 3) Find an -at word & an -ed word 4) Find 5 words with "silent e" cvce 5) Find 2 words that rhyme 6) Find a word the ends with -ing 7) Find a "Bossy R" word - ir/ur/er/or 8) Find 2 words that are opposites (up/down, happy/sad, hot/cold) 	<p><u>Scientific Method</u> Jelly Beans Question: What happens when jelly beans get wet? Hypothesis: If jelly beans get wet then _____. Experiment: <ol style="list-style-type: none"> 1) Get a saucer 2) Put the jelly beans around the inside of the plate 3) Pour water in the center 4) Watch what happens Write/Record what happened: The jelly beans _____.</p>	<p>Jelly Bean Math <u>Get a cup full of jelly beans</u></p> <ol style="list-style-type: none"> 1) Sort the jelly beans by color 2) Create a bar graph of the jelly bean colors 3) Use your jelly beans to Make 10: $3 +$ ___ = 10 $2 +$ ___ = 10 $4 +$ ___ = 10 $6 +$ ___ = 10 $1 +$ ___ = 10 $5 +$ ___ = 10 <p>Jelly Bean Opinion Writing Would you rather eat jelly beans or Peeps? Sentence Frame: I would rather eat _____ instead of _____ because _____.</p> <p>OR</p> <p>What is your favorite jelly bean color? Sentence Frame: My favorite jelly bean color is _____ because _____.</p>
Activity 2 and Instructions	<p><u>Use Pencil, Paper and Scissors (Optional)</u> <u>Trace your shoe and cut it out OR just use your shoe to measure</u> Non-standard Measurement: Use your shoe to measure and record the length of the following objects and answer the questions:</p> <p>Chair Table Bed Pillow Sofa/Couch TV Rug Door</p> <p>Which is longer? Which is shorter?</p> <p>Add: Table + Chair = _____ Rug + Door = _____</p> <p>Subtract: Bed - Pillow = _____ Sofa - TV = _____</p>	<p><u>Use Paper and Crayons</u> <u>Jumping Jacks and Rainbow</u> Write the following <u>Sight Words</u>: Do jumping jacks as you spell each sight word, then rainbow write it.</p> <p>who what there here try come should look because with</p>	<p>OR Egg <u>Egg/Vinegar/Plastic container with a lid</u> Question: What happens when you put an egg in vinegar for 24 hours? Hypothesis: If you put an egg in vinegar, then it will _____. Experiment: <ol style="list-style-type: none"> 1) Put the egg in the container 2) Pour in the vinegar & cover it. 3) Let it sit for 24 hours 4) Drain the vinegar/Remove the egg Write/Record what happened: The egg _____.</p>	<p>Sentence Frame: I would rather eat _____ instead of _____ because _____.</p> <p>OR</p> <p>What is your favorite jelly bean color? Sentence Frame: My favorite jelly bean color is _____ because _____.</p>

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 8th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 6	Activity Expansion (videos/digital links)
Activity Title:	Who is Safe to Ask for Help	Below you will find websites/video links to support activity. Use if you have internet access/data.
Objective:	Students will be able to identify who's a safe person to go to in a time of need.	Watch the following story: Once Upon a Dragon: Stranger Safety for Kids (and Dragons)
Materials:	Paper and pencil (glue optional)	https://www.youtube.com/watch?v=DeQhXMYybpq
Activities and Instructions:	<ol style="list-style-type: none">1. Sketch out a leafless tree. Cut out leaves.2. Give examples of scenarios that may be unsafe and that should be reported to a trusted adult. These can be:<ul style="list-style-type: none">– A stranger with a cute puppy calling you over– Someone touching your body in a way that makes you uncomfortable– A friend asking you to come over without permission3. Then, discuss with your child who they might be able to talk to.4. Have children list the names of adults they can go to for help on the leaves5. Glue the names to the branches of their trees. <p>Have your child to list the names of trusted adults.</p> <p>To check for understanding, have your child identify several safe adults they can go to in time of need.</p>	<p>**You and your child come up with a plan if a stranger were ever to approach you. What would you do? Say? Act?</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- April 8th (Electives)

The columns below offer choices for student activities.

	<u>Art</u>	<u>Music</u>	<u>PE</u>
Activity Title:	Family First	April 1-8 Musical Choices	Keep Moving
Materials:	Paper of any kind, Coloring materials	crayons, paper	Your body and internet if you have access
Activity and Instructions:	<p>Draw a picture of you with your family. Draw those who you are living with during this quarantine. What have you and your family been doing during this time? Draw your family doing something together such as in the living room together playing a game, watching a movie. Maybe being outside together. Think about how everyone in your family looks different such as different color hair, eyes, different heights. Each person should look different.</p>	<p><u>Option 1:</u> Listen to a song and draw how it makes you feel.</p> <p><u>Option 2:</u> Sing a song from music class to a family member. Practice and make up your own dance movements. Perform the song!</p> <p><u>Option 3:</u> Listen to a couple songs. Pat the “steady beat”. Decide if the song is “fast” or “slow”.</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Idea 1: If you have access to be able to watch this video https://youtu.be/L_A_HjHZxfl</p> <p>Idea 2: Take a 10 walk with your family and enjoy the fresh air.</p> <p>Idea 3: Workout at home</p> <p>10- Jumping Jacks 10- Sit ups 10- Push ups 10 - Lunges</p> <p>Jog in place for 3 minutes.</p>

Parent Signature: _____